# The William Templeton Foundation for Young People's Mental Health (YPMH) is seeking an Innovation and Partner Engagement Manager

(Maternity cover role April 2023-January 31<sup>st</sup> 2024. This is potentially a longer-term role, subject to funding.)

#### About YPMH

YPMH (<u>www.ypmh.org</u>) is a charity focused on accelerating the translation of research into innovative early interventions that can be used in self-care, the health system, and the wider mental health ecosystem to improve the mental wellbeing of young people. Our current focus is on depression in young people.

YPMH is seeking an Innovation and Partner Engagement Manager to lead the development of relationships with stakeholders including researchers; industrial collaborators; public health, clinicians, managers and strategists in the health and social care system; and key organisations engaging with young people, including schools, employers and charities to:

- 1. *Manage projects* to address depression in young people.
- 2. **Facilitate the development, piloting and implementation of innovations** by engaging consortia comprising researchers, industrial partners, clinicians and other stakeholders to help prevent, predict, detect, diagnose and treat early the causes of depression in young people.
- 3. *Help expand and sustain a Community of Action* that engages stakeholders to help identify, evaluate, select, develop, pilot and implement ideas for early intervention in depression in young people.

The role may be full-time or part-time (at least 3 days per week). Initially, the appointment is for a fixed term until January 31, 2024. Extension of employment is subject to performance and additional funding. The role is located in Cambridge, UK.

The YPMH Innovation and Partner Engagement Manager role is an opportunity to:

- Help address a vital societal need by contributing to the mental wellbeing of young people.
- Contribute to YPMH's development, growth and impact.
- Collaborate with high calibre colleagues across the mental health ecosystem and the University of Cambridge.
- Experience Roadmapping methods researched and applied by Cambridge University.

<u>The closing date for applications</u> is Monday, February 27<sup>th</sup>, 2023. Please send your application to <u>peter.templeton@ypmh.org</u>

#### Expertise sought

We are seeking an outstanding individual with the expertise in healthcare innovation. Ideally, you will have experience of:

- Engaging multiple groups within and outside an organisation to enable successful innovations.
- Development and piloting of research-based innovations that improve health outcomes.
- Use and facilitation of innovation management methods, such as open innovation.
- Understanding of the challenges and opportunities to effect change for young people's mental health.

### **Compensation** (pro-rated where the role is part-time)

- Salary £42,000-£48,000 per annum, depending on experience.
- 27 days holiday per annum, excluding Bank Holidays.
- 10% of salary contribution to a defined contribution pension scheme.

## About YPMH and its work

YPMH's mission is to:

- Reduce the number of young people who experience mental health problems, particularly depression,
- Help young people enter adulthood with greater resilience to mental health conditions, and so
- Reduce the number of young people who take their own lives.

Formed in 2019, YPMH was established in memory of Will Templeton, by his parents Anne and Peter, and his brother John. The family's aspiration is to enable the 'joining-up' of excellent research and practice across the many fields associated with young people's mental health to improve prevention, identification, diagnosis and treatment of conditions such as depression and anxiety.

### How YPMH works

YPMH is working towards better mental health outcomes for young people by:

- Collaborating with researchers to develop 'joined-up' understanding of the causes of depression and opportunities for prevention and early intervention.
- Building 'Communities of Action' to break down barriers and effect innovation and change.
- Enhancing practice through a more joined-up approach to treat the 'whole self'.

# Recent and ongoing work

YPMH has completed two, two-year, projects with the University of Cambridge. The first project developed the following, which are described in the publication <u>Changing Hearts, Changing Minds</u>:

- 1. A multidisciplinary understanding of how depression develops in young people. The report sets out the key pathways for depression in young people, comprising risk factors and mechanisms. and how the pathways offer opportunities for prevention and early intervention.
- 2. Some 200 specific ideas and opportunities for prevention and early intervention, including prediction, detection, diagnosis of the condition and its causes, management and treatment.
- 3. How the opportunities can be applied to self-care by individuals and their families; the formal healthcare system; and the wider mental health support ecosystem, including schools, employers and mental health support charities.

The second project with the University has recently been completed. The outputs will be published in April this year in a similar format to <u>Changing Hearts, Changing Minds</u>. Building on the prior work, this has identified a number of priority development and piloting projects to be taken forward in 2023, together with other longer-term development and research work. We have developed and validated the following with a wide range of stakeholders:

- 1. **Unmet needs and projects to address them.** The projects to be taken forward focus on the following groups: individuals, families and carers; the formal health and social care system; and organisations engaging with young people. The projects are based on the following themes:
  - a. Information, education and training
  - b. Risk assessment, early detection, and diagnosis of conditions and their causes
  - c. Prevention, management and treatment of mechanisms causing depression, using food and nutrition as a 'worked example.'



- 2. Roles for key actors to help build and sustain mentally resilient communities. The actor groups include:
  - a. Individuals, families and carers
  - b. Health and social care, comprising public health, primary, secondary and tertiary care
  - c. Organisations engaging with young people, including nurseries, pre-schools, schools, colleges and universities, and the justice system
  - d. 'Solution providers' including business and charity service providers, diagnostics firms, and the food industry
  - e. Policy makers and regulators.

#### About the Role

The aim of the Innovation and Partner Engagement Manager role is to facilitate projects with collaboration partners to develop and pilot the priority interventions. This involves the following steps:

- 1. Engage project partners based on existing and new stakeholder relationships Depending on the project, stakeholders can include:
  - o Researchers; industrial collaborators developing new products and/or services
  - Public health, clinicians, managers and strategists in the formal health and social care system, and the businesses and charities that provide services to the health system;
  - Organisations engaging with young people, including schools, universities, employers and charities.

# 2. Work with collaborators to develop an agreed roadmap for each project

Using <u>roadmapping approaches researched at the University of Cambridge</u>, engage collaboration partners to develop a roadmap for each project. This comprises a shared vision, project scope, current state, and stepping-stones from the current state to achieve the vision. The roadmapping workshops will be facilitated by expert facilitators from <u>IfM Engage</u>.

#### 3. Facilitate development, piloting and evidence of efficacy.

Work with collaborators to facilitate development and piloting of each project. This may include procuring grants in conjunction with collaboration partners to support the project. Wherever possible, projects will seek to establish clear evidence of efficacy to build the case for wider application and implementation.

The Innovation and Partner Engagement Manager will report to the Founder of YPMH and work closely with him to further the charity's aims.